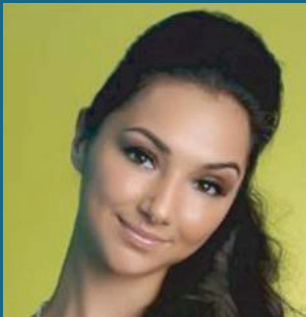


# TREATMENT MENU



*With over 13 years experience working in prestigious spas and salons, I have become very much an expert in the beauty industry. I'm a firm believer that keeping fit, healthy and improving well being enhances natural beauty. Each and every treatment I perform will leave you feeling like you have not just had a treatment but an experience. My passion in life is to help people look and feel younger. So get ready to experience the very best in a professional beauty and massage treatment.*

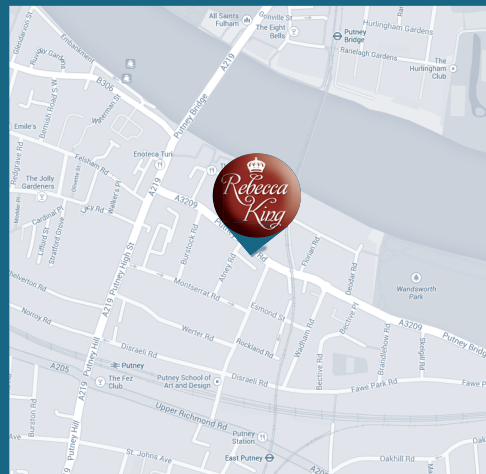
*NVQ Level 2 & 3 Beauty Therapy. ITM Thai Massage levels 1, 2, 3 & 4*



## OPENING TIMES

Monday	Closed
Tuesday	10-7
Wednesday	10-7
Thursday	10-8
Friday	10-7
Saturday	9-5
Sunday	Closed

Please allow 15 min changing time for all facials and body treatments.



Beauty and  
Skincare Specialist

Tel: 020 8780 5512

e-mail: [info@peterpennys.co.uk](mailto:info@peterpennys.co.uk)

277 Putney Bridge Road, Putney, London SW15 2PT

## FOR YOUR FACE

<b>Dermalogica Skin Treatment</b>	<b>60 mins</b>	<b>£65</b>
The Dermalogica skin treatment is 100% customised to your skin needs based on consultation and a through, zone by zone Face Mapping skin analysis. Totally designed to meet your skin needs each treatment includes professional double cleanse exfoliation, extractions (as needed) and treatment masque. To complete your treatment experience you can add your choice of touch therapy.		
<b>Microzone</b>	<b>20 mins</b>	<b>£25</b>
A Microzone treatment will address your skins top concerns. After consultation and face Mapping skin analysis this will determine your skins pertinent needs by focusing on key concerns you will get maximum results in minimum time.		
<b>Touch therapy</b>	<b>15 mins</b>	<b>£15</b>
15 mins of extra attention where you need it most		
<ul style="list-style-type: none"> <li>• Ko Bi Do manual face lift massage</li> <li>• Stress relief neck and shoulder</li> <li>• Stress relief foot</li> </ul>		

## HAIR REMOVAL

Strip wax is used for legs and arms and hot wax for all the other delicate areas of the body. The hot wax contains chamomile and rose and is perfect for people with sensitive skin.

Basic Bikini	£14	High Bikini	£18	Hollywood/Brazilian	£40
1/2 Leg	£20	1/2 Leg & Bikini	£29	1/2 Leg & High Bikini	£36
1/2 Leg & Hollywood/Brazilian	£50	Full Arm	£19	Half Arm	£15
Full Leg	£30	Full Leg and Bikini	£30	Full Leg & High Bikini	£42
Full Leg & Hollywood/Brazilian	£60	3/4 Leg	£27	Upper Leg	£25
Underarm	£12			Lip or chin	£10

## FOR YOUR HANDS

<b>Ultimate Manicure</b>	<b>60 mins</b>	<b>£38</b>
This deluxe treatment provides the ultimate in hand care. Nails are filed, cuticles are nourished and hands are softened by exfoliation and then massaged. Then the hands are wrapped in a hydration mask whilst the scalp and shoulders are massaged. This is followed by polish to finish.		
<b>Manicure</b>	<b>45 mins</b>	<b>£28</b>
File and complete cuticle tidy, followed by exfoliation and a deep relaxing hand and arm massage and polish to finish.		
<b>Speedy Manicure</b>	<b>30 mins</b>	<b>£15</b>
File, tidy and polish.		
<b>Polish Change</b>	<b>15 mins</b>	<b>£10</b>

## FOR YOUR EYES

<b>Eye Brow Shape</b>	<b>£12</b>	<b>Eye Brow Tint</b>	<b>£10</b>
<b>Eye Lash Tint</b>	<b>£15</b>	<b>Eye Lash Perming</b>	<b>£48</b>
<b>Eye Brow and Eye Lash Tint</b>	<b>£22</b>		

## FOR YOUR BODY

<b>Wellbeing Massage</b>	<b>60 mins</b>	<b>£65</b>
A harmonising holistic massage that combines Swedish and Balinese techniques to combat stress and restore natural vitality.		
<b>Deep Tissue Massage</b>	<b>60 mins</b>	<b>£70</b>
The aim of this massage is to tackle particular physical and muscular problems, ideal for relieving acute tension.		
<b>Complete Stress Release</b>	<b>60 mins</b>	<b>£70</b>
Stress relieving combination of exfoliation and holistic massage, back massage followed by reflexology and Indian head massage.		
<b>Salt Scrub</b>	<b>45 mins</b>	<b>£40</b>
Full body brushing followed by a complete deep exfoliation using sea salt.		
<b>Back Massage</b>	<b>30 mins</b>	<b>£35</b>
Back and shoulder massage to relives aches and tension		
<b>Nurturing Pregnancy Massage</b>	<b>60 mins</b>	<b>£70</b>
A nurturing full body aromatherapy massage customised to your personal pregnancy needs. Using a rich blend of organic Sweet Almond and Wheatgerm oils plus vitamin E for the prevention of stretch marks infused with organic essential oils. A beautiful, peaceful experience that leaves mummies relaxed and babies happy.		
<b>Body Bronzing</b>	<b>60 mins</b>	<b>£55</b>
Perfect for clients looking for a flawless, bronzed, sun kissed look without spending hours in the sun. This fake bake treatment is the easiest and safest way to achieve a streak free all over tan. A body exfoliation prepares rough, dry skin before application of tan, blended to suit your colouring.		
<b>Indian Head Massage</b>	<b>30 mins</b>	<b>£36</b>
Traditional therapeutic pressure points in the head, neck, shoulders and face are massaged to maximise the flow of energy throughout the body. Ideal for those suffering tension headaches		

## FOR YOUR FEET

<b>Ultimate Pedicure</b>	<b>75 mins</b>	<b>£48</b>
This deluxe foot treatment is designed to provide the ultimate in foot care. Nails are filed, cuticles are tidied and hardened skin is removed. This is followed by a deeply relaxing leg and foot massage. Afterwards, the feet are wrapped in a hydration mask whilst the scalp and shoulders are massaged. This is followed by polish to finish. French polish extra £5.		
<b>Pedicure</b>	<b>60 mins</b>	<b>£38</b>
File and complete cuticle tidy, removal of hard and calloused skin, followed by exfoliation and a relaxing foot and leg massage with a polish to finish. French polish extra £5.		
<b>Speedy Pedicure</b>	<b>30 mins</b>	<b>£20</b>
File, tidy and polish		

## FOR MEN

<b>Male Manicure</b>	<b>30 mins</b>	<b>£23</b>
File and complete cuticle tidy, followed by exfoliation and a deep relaxing hand and arm massage and polish to finish.		
<b>Male Pedicure</b>	<b>45 mins</b>	<b>£32</b>
File and complete cuticle tidy, removal of hard and calloused skin, followed by exfoliation and a relaxing foot and leg massage.		

## HAIR REMOVAL

<b>Chest</b>	<b>£ 28</b>	<b>Back &amp; Shoulders</b>	<b>£ 30</b>
<b>Back</b>	<b>£ 26</b>	<b>Brows</b>	<b>£ 10</b>

Gift vouchers available. All major credit card accepted.

Cancellation: 50% fee is required unless 24 hours. notice is given